

Press Release

Evira featured in NHS announcement – part of national obesity care for children and adolescents

In connection with today's [NHS announcement](#) and the media coverage of the Complications from Excess Weight (CEW) clinics, Evira is proud to be recognised as part of the care being delivered to children and young people living with obesity in the UK.

This marks an important milestone in our UK journey, and we are honoured that Evira is included in the CEW care pathway. It reflects the growing role of digital, evidence-based tools in providing scalable and accessible treatment within the NHS.

Evira helps clinics provide a structured and continuous form of support that helps families manage obesity treatment in everyday life. By combining digital tools with the clinics' expertise, Evira enhances traditional care by empowering families, supporting goal-oriented treatment, and ensuring continuous engagement.

Originally developed and evaluated in Sweden, Evira is now used in five countries and has been adopted by more than 15 NHS Trusts across the UK. With over 7,000 patient-years of treatment delivered, peer-reviewed research has shown that Evira achieves twice the effectiveness of standard care.

Recently, a [3-year follow-up study published in the International Journal of Obesity](#) confirmed that children treated with Evira maintained their weight loss and had a significantly higher likelihood of achieving remission from obesity, compared to standard treatment.

Professor Simon Kenny, NHS England's National Clinical Director for Children and Young People, said:

"This game-changing tool is helping our specialists support and keep track of children's weight loss progress without them needing to leave home, while offering regular advice to them and their parents to help build healthy habits".

Evira is a treatment tool building on a treatment philosophy focusing on how to empower families. Practically Evira consists of a digital scale with hidden digits together with a mobile application for home use, and a professional support interface. The mobile application helps families understand the children's progress and enables them to reach out to their healthcare provider when needed, while the professional interface enables effective and efficient proactive and reactive support.

Families using Evira appreciate a better understanding of the impact of their recent behaviours on progress and the easy and continuous dialogue with their treatment providers. This enables a stronger alliance to their healthcare professionals and more easy alignment on challenges and treatment goals.

Love Marcus, CEO of Evira, said:

"We are proud that Evira is contributing to clinical care within the NHS. Digital tools have an important role to play in making long-term, evidence-based support more accessible to families – and we're committed to working alongside the NHS to further that potential."

For more information about Evira and our work with NHS Trusts, please contact:

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